



KEMCAANA

MONTHLY NEWSLETTER

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Mark Your Calendars: KEMCAANA Winter Meeting 2024



I am pleased to announce that the highly anticipated KEMCAANA Winter Meeting will take place on **December 16th and 17th, 2024**, at the King Edward Medical University in Lahore. This year's meeting will feature engaging scientific sessions and valuable CME talks. We are expecting a large turnout and a productive event. Don't miss out on this chance to connect with fellow members, learn from experts, and contribute to our community. More details, including registration information, will be available soon. We look forward to seeing you there!

Shahzad Khan, MD
President KEMCAANA 2024

KEMCAANA Chapters Creation

The Constitution and Bylaws Committee of KEMCAANA is pleased to announce that the amendments in Bylaws for the creation of KEMCAANA Chapters has been approved by the KEMCAANA General Body. These amendments were shared in the Annual General Body Meeting on July 5th, 2024 and emailed for approval. The majority of the General Body has approved these changes to create KEMCAANA Chapters.

The Constitution and Bylaws Committee, Executive Committee, and Council of KEMCAANA have already approved these amendments, and now these amendments are adopted and part of KEMCAANA Bylaws.

KEMCAANA Foundation in Pakistan Now Operational

We are delighted to announce the successful establishment of the KEMCAANA Foundation Pakistan. With the opening of our USD bank account in Pakistan, we are now fully operational and ready to make a positive impact on communities across the country. This is a significant milestone for KEMCAANA, and we look forward to the opportunities it will bring.

KEMCAANA Observership Program

KEMCAANA United States clinical experience is overseen and run by KEMCAANA, in collaboration with a team of Kemcolians. This valuable experience provides our graduates with the opportunity to apply their classroom knowledge in a real-world healthcare setting. Here are some pictures of KE graduates during observership with one of these Kemcolian faculty members.



KEMU Handicap Accessible

It gives us great pleasure to inform you about a significant improvement in the infrastructure at King Edward Medical University, Lahore. With the generous donation from Dr. Arif Humayun Agha, a KE Graduate of the Class of 1984, recently installed an elevator (Lift) in the Patiala Block of the university.

In addition to the elevator, two new ramps have been constructed to facilitate the ease of students with physical challenges, ensuring accessibility to all blocks of the university. This development marks a major step forward in making our campus more inclusive and accessible for everyone.

We extend our heartfelt gratitude to Dr. Arif Humayun Agha for his contribution and dedication to enhancing the facilities at our alma mater. His generosity exemplifies the spirit of giving back to the community and supporting future generations of students.

Thank you for your continued support and commitment to King Edward Medical University.

Social Welfare & Disaster Relief Committee



Bashir Cardiac Center at Mayo Hospital Committee

We are pleased to announce the formation of this special committee. This dedicated group will manage the development and implementation of a state-of-the-art Cardiac Center that will provide world-class care to cardiac patients in Mayo Hospital. The funds for this endeavor have been generously committed by Dr Bashir Chowdhary, KEMC graduate of 1968, who is currently working as a cardiac surgeon in Las Vegas.

I, on behalf of EC and KEMCAANA, would like to thank Dr Bashir and family for this great gesture in helping the needy in Pakistan. The Committee will be chaired by Dr Arif Agha KE graduate 1984, who has extensive experience in leading multiple building projects at KEMU including KEMCAANA Learning Center, KEMU Handicap Accessible Project and Maqbool Ahmad Block from its inception to completion.

Arif Agha, MD

Chair, Bashir Cardiac Center Committee

Shahzad Khan, MD

Co-Chair, Bashir Cardiac Center Committee

Prof. Abrar Ashraf Ali

Coordinator, Bashir Cardiac Center Committee

Prof. Imran Waheed

Coordinator, Bashir Cardiac Center Committee

Prof. Irfan Azmatullah Khawaja

Coordinator, Bashir Cardiac Center Committee



Bashir Chowdhary, MD
from Las Vegas class of 1968

**Advisor Bashir Cardiac Center at
Mayo Hospital Committee**

Committee Members:

- Danish Bhatti, MD
- Maqbool Arshad, MD
- Saqib Masroor, MD
- Mohammad Murtaza, MD
- Fateh Shahzad, MD
- Irfan Munir, MD
- Waseem Ullah, MD
- Nauman Naseer, MD
- Naseem Shaikh, MD
- Sohail Rana, MD
- Wajeeha Razaq, MD
- Furrukh Malik, MD
- Asim Chohan, MD

KEMCAANA Member's Achievements

We are pleased to announce that Prof. Muhammad Aslam, a dedicated member of KEMCAANA, has been elected to the Board of Directors of APPNA for the 2025–2026 term. This achievement is a testament to Prof Aslam's hard work, commitment, and dedication to our community. We congratulate him on this significant accomplishment and look forward to their contributions to APPNA.

Dr. Maria Zulfiqar recently got promoted to Associate Professor of Radiology at the Mayo Clinic. Currently, She is head of CT operations at Mayo Clinic Arizona. She is a graduate of King Edward Medical University Class of 2007. She is the First woman Associate Professor in Radiology in the USA from King Edward.



Prof. Muhammad Aslam
APPNA BOD 2025–2026



Dr. Maria Zulfiqar
Class of 2007

Dr. Aftab Ahmad Khan is a 1988 graduate of King Edward Medical University and is currently practicing internal medicine in Chicago. He is a lifetime member of KEMCAANA, APPNA, and PPS. He has served KEMCAANA, APPNA, and PPS in multiple capacities. He has chaired multiple committees and meetings. He has been involved in various social welfare programs. His passion is to help young medical graduates. He has volunteered more than 500 hours in APPNA's free medical clinic. He was awarded the Volunteer Physician of the Year award both by APPNA and PPS for his dedication to social welfare programs. In 2023 he was awarded the Gold medal for his contribution and volunteer services in Chicago.



Dr. Aftab Ahmad Khan
Class of 1988

He has served as a member board of directors, treasurer, and secretary of APPNA. He is planning to run for the position of **APPNA president in 2025**. Let's rally behind our fellow Kemcolian and get him elected.

CELEBRATING INDEPENDENCE DAY



(سلیم خان (کنگ ایڈورڈ ۱۹۶۹)

(While Pakistan is facing many challenges)

Seventy seven years have passed,
Since the creation of our beloved Pakistan.
On August 14, Independence Day is celebrated,
By Pakistanis everywhere around the globe.

To achieve independence and freedom for us,
Many brave people sacrificed their lives.
We should fondly remember those heroes,
And learn about their remarkable journeys.

Today all Pakistanis should remind themselves,
Why did the founders create Pakistan?
And they also need to ask themselves,
What have they done for their nation?

Our leaders should do soul searching,
Have they fulfilled their promises?
Are they taking care of the public,
And have they made a real positive difference?

We need to keep asking ourselves,
How can we improve our homeland effectively?
Let us today make a promise to our Pakistan,
We will do everything to help it turn around.
Long Live Pakistan,

Pakistan Zindabad.

پاکستان زندہ باد پاکستان زندہ باد

وہ پاکستان جو میرا بھی ہے
وہ پاکستان جو تمہارا بھی ہے
وہ پاکستان جسکی فکر مجھے بھی ہے
وہ پاکستان جسکی فکر تمہیں بھی ہے

وہ پاکستان جو اقبال کا خواب تھا
وہ پاکستان جو قائد کی امانت تھا
وہ پاکستان جو اسلام کے نام پر بنا تھا
وہ پاکستان جسکا نام ہم سے روشن ہونا تھا

کیا حشر کیا اس پاکستان کا ہم نے
کس کس طرح برباد کیا اسے ہم نے
آج میں بھی سوال کروں اپنے آپ سے
اور تم بھی سوال کرو اپنے آپ سے

یہ پاکستان زندہ باد کے کھوکھلے نعرے
یہ نعرے میں بھی لگاتا ہوں اور تم بھی
آؤ آج ہم مل کر عہد کریں اپنے پاکستان سے
ہم گفتار کے نہیں۔ کردار کے غازی بنیں گے

ہم اپنے کردار کو بھی بدل دیں گے
ہم اپنے اعمال کو بھی بدل دیں گے
ہم تخریب کار عناصر سے پاکستان کو بچالیں گے
ہم اسے ہر گز بربادی کی طرف جانے نہیں دیں گے

جب دنیا رشتک کرنے لگے گی پاکستان پر
تب ہم سب فخر سے سر بلند کریں گے
پھر ہمارے دل کی گہرائیوں سے صدا آئے گی
پاکستان زندہ باد پاکستان زندہ باد پاکستان زندہ